

Name: _____

Week of 13 November 2023

Practical Life Homework

Care of Self: Pouring

Please fill a small pitcher halfway and encourage your child to pour a drink independently.

Instructions:

1. Using both hands, carefully carry a pitcher of your preferred liquid and gently set it down on a table.
2. Bring a drinking glass to the table and place it beside the pitcher.
3. Grasp the handle of the pitcher with your dominant hand.
4. Lift the pitcher and slowly bend the spout over the glass to pour your drink.
5. Place your subdominant hand under the pitcher to steady it.
6. Fill your glass halfway and carefully set your pitcher back on the table.
7. Enjoy your drink! 😊



If you would like to send in a 3x5 hard copy photo of your child performing this task, we will be happy to post it on our Community at Work bulletin board. Seeing themselves on the board gives them a greater sense of pride and encourages independence.