

Name: \_\_\_\_\_

Week of 19 February 2024

**Practical Life Homework**  
Care of Environment: Washing Dishes

Please encourage and guide your children in washing their dishes after a snack.

**Instructions:**

1. After enjoying a snack, bring your small dish (or food container) to the sink to be washed.
2. Roll up your sleeves (if necessary).
3. Add a small amount of dish washing liquid to a sponge.
4. Wet the sponge under warm running water.
5. Carefully hold the dish with your subdominant hand and grasp the sponge with your dominant hand.
6. Hold the dish under the water, making sure to wet both sides of the dish.
7. Moving the sponge in small circles, wash both sides of the dish.
8. After the dish is clean, carefully rinse the dish until all the suds are washed away.
9. Place the clean dish on the drying rack.
10. Make sure to turn off the water.
11. Using a towel, dry any wet spots around the sink.



If you would like to send in a 3x5 hard copy photo of your child performing this task, we will be happy to post it on our Community at Work bulletin board. Seeing themselves on the board gives them a greater sense of pride and encourages independence.