

Name: _____

Week of 4 March 2024

Practical Life Homework

Grating

This activity should be performed with the supervision and guidance of an adult.

Instructions:

1. Prepare a cube of cheese (or a carrot), a small bowl, a plate and a small grater on a tray.
2. Carefully carry the tray to a table.
3. Place the bowl to the side of your plate containing the cheese and the grater.
4. Holding the cheese firmly with your dominant hand and the grater with your subdominant hand, carefully grate the cheese from left to right.
5. Continue grating the cheese until you have your desired amount.
6. Transfer the grated cheese to the bowl.
7. Carefully carry your tray with the plate, grater and remaining cheese to the kitchen.
8. Sprinkle your grated cheese on bread or crackers and enjoy your snack:)



If you would like to send a 3x5 hard copy photo of your child performing this task, we will be happy to post it on our Community at Work bulletin board. Seeing themselves on the board gives them a greater sense of pride and encourages independence.