

Name: _____

Week of 29 April 2024

Practical Life Homework

Care of Self: Hair Brushing

Instructions:

1. Collect an appropriate child-sized hairbrush and stand in front of a mirror.
2. Using your dominant hand, place your brush on one side of your head and slowly brush your hair from top to bottom.
3. Repeat the process on the other side of your head and on the back of your head.
4. Brush your hair deliberately and slowly.
5. Once you have finished brushing all of your hair, return the hairbrush to its proper place.



If you would like to send in a 3x5 hard copy photo of your child performing this task, we will be happy to post it on our Community at Work bulletin board. Seeing themselves on the board gives our students a greater sense of pride and encourages independence.