

Name: _____

Week of 6 January 2025

Practical Life

Creating a Peace Corner at Home

Peace education is an integral part of the Montessori curriculum. The Montessori Peace Corner is a special space in a Montessori classroom where children can spend time calming their minds and bodies when they are feeling overwhelmed with emotion. It is a wonderful space in which to practice self-regulation.

Instructions:

1. Choose a quiet, dedicated space in your home.
2. Create a cozy space: Place a small chair or cushion, pillows, and a blanket in the corner to make it comfortable.
3. Add a small basket filled with age-appropriate books that encourage peace, positivity, love, and/or kindness.
4. Place stuffed animals in your Peace Corner to provide comfort and companionship.
5. Add some of your favorite artwork to your Peace Corner to make it inviting.
6. Consider adding a plant or small vase with your flower arrangement.
7. Add any other items to the space that comfort you and help you to feel secure.
8. Relax and calm your body and mind in your very own Peace Corner.

You may rotate the items in your Peace Corner to keep the space attractive and engaging.



If you would like to send in a 3x5 hard copy photo of your child performing this task, we will be happy to post it on our Community at Work bulletin board. Seeing themselves on the board gives them a greater sense of pride and encourages independence.