

Name: _____

Week of 24 February 2025

Practical Life Homework

Food Preparation: Peeling a Clementine

Instructions:

1. Wash your hands.
2. Bring a clementine, a small bowl, and a small plate to a table. Make more than one trip as necessary to carry everything safely.
3. Using your thumb, push down on the top of your clementine to make a small opening in the center.
4. Starting at the opening, use your fingers to peel small portions of the clementine's rind until it is completely peeled.
5. As you remove each piece of the rind, place it in the bowl.
6. Place your peeled clementine on your plate and separate each section, using the lines of the clementine as a guide.
7. Carry your bowl to the trash bin and discard the peeled rind.
8. Bring your bowl to the kitchen and place it in the sink.
9. Sit down at the table and enjoy your clementine or share it with a family member or friend.



If you would like to send in a 3x5 hard copy photo of your child performing this task, we will be happy to post it on our Community at Work bulletin board. Seeing themselves on the board gives our students a greater sense of pride and encourages independence.