

Name: _____

Week of 12 May 2025

Practical Life Homework
Care of Self: Making Pizza

This fun cooking activity is to be performed with the help and supervision of an adult.

Ingredients:

- 2 cups of self-rising flour
- 2 cups of plain Greek yogurt
- 1 cup of marinara/tomato sauce
- 1 cup of shredded mozzarella cheese

Directions:

1. Pre-heat the oven to 375 degrees.
2. Thoroughly wash your hands.
3. Mix the flour and yogurt in a large bowl until the dough starts to form.
4. Lightly dust your work surface with flour.
5. Firmly knead the dough until it is smooth (add additional flour if necessary).
6. Roll the dough into a ball with your hands.
7. Use a rolling pin to flatten the dough into a pizza crust.
8. Dust a baking sheet with flour and place the flat crust on the sheet.
9. Slowly pour the marinara sauce on top of the pizza crust.
10. Use a brush or spatula to spread the sauce all over the dough.
11. Sprinkle the mozzarella cheese all over the sauce,
12. Bake the pizza for 10-12 minutes until the crust is golden brown.
13. Let the pizza cool for 3-5 minutes before slicing.
14. Enjoy your homemade pizza! Offer a slice to a family member or friend:)



If you would like to send in a 3x5 photo of your child performing the task, we will be happy to post it on our Community at Work bulletin board. Seeing themselves on the board gives our students a greater sense of pride and encourages independence.