

Name: _____

Week of 9 March 2026

Practical Life Homework
Food Preparation: Spreading Jam

Instructions:

1. Carefully carry a spreader, plate, napkin, jar of jam and a slice of bread to a table.
2. Place the bread on the plate and open the jar of jam.
3. Holding the jar of jam with your subdominant hand, use your dominant hand to scoop some jam out of the jar and onto the bread with the spreader.
4. Moving the spreader in a smooth, back-and-forth motion, spread the jam evenly on the bread.
5. Close the jar of jam and place the napkin on your lap.
6. Enjoy your delicious snack!



If you would like to send in a 3x5 hard copy photo of your child performing this task, we will be happy to post it on our Community at Work bulletin board. Seeing themselves on the board gives our students a greater sense of pride and encourages independence.