

Name: _____

Week of 27 April 2026

Practical Life Homework
Care of Self: Apple Slicing

Instructions:

1. Carefully carry a small cutting board, apple slicer, small bowl, and placemat to a table.
2. Place the cutting board on the center of the placemat.
3. Place the bowl to the side of the placemat.
4. Place the apple cutter to the side of the cutting board.
5. Retrieve an apple and place it in the center of the cutting board.
6. With the help of an adult, center the apple cutter so that the stem is in the middle, grasp the apple slicer firmly by both handles, and press directly downward.
7. Now carefully remove the apple slices one at a time and place them in the bowl.
8. Carefully return your cutting board and apple slicer to the kitchen.
9. Place the bowl of apple slices on the placemat.
10. Enjoy your snack!



If you would like to send in a 3x5 hard copy photo of your child performing this task, we will be happy to post it on our Community at Work bulletin board. Seeing themselves on the board gives our students a greater sense of pride and encourages independence.